

Brief Curriculum Viate

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Summary

I am an associate professor in nursing in the Ahvaz Judishapur university of medical sciences, nursing & midwifery school. I work in this university as a lecturer in all degrees of nursing and researcher in most of the nursing field especially quality of care and life with qualitative and qualitative methods. I experienced 18 years as an educator in the university. I experienced 2 years as a postgraduate manager, a research manager for 2.5 years and education manager at this school for 2 years. I am a research manager in the nursing care research center in chronic diseases and editor in chief of Jundishapur Journal of Chronic Diseases Care(JJCDC) at the moment.

Employment History

Shiraz university of medical sciences

April 2000 – March 2003

shiraz, Iran, Islamic Republic of

Associate Professor

Jundishapur University of Medical Sciences

Jan 2017 – Present

Iran, Islamic Republic of

Education History

Babol university of Medical Sciences

August 1994- Jan 1996 (2 years)

Associate degree of anesthesia

Mazandaran University of Medical Sciences

Aug 1996 – Jul 1998 (2 years)

Bachelor of nursing

Shiraz University of Medical Sciences

Aug 1998 – May 2001 (2 year)

MScN in Psychiatric Nursing

Tehran university of medical sciences

Mar 2009 – Feb 2013 (5 years)

PhD of nursing

Shiraz university of medical sciences

May2017- September2017

Fellowship of Virtual learning (3 months)

Associations

Iranian nursing organization May 2000 – Present

Publications, Courses & Events

Nursing staff shortages and job satisfaction in Iran: Issues and challenges Mar 2009

K Zarea, R Negarandeh, N Dehghan-Nayeri, M Rezaei-Adaryani
Nursing & health sciences 11 (3), 326-331

Psychiatric nursing as 'different' care: experience of Iranian mental health nurses in inpatient psychiatric wards Feb 2013

K Zarea, A NIKBAKHT-NASRABADI, A Abbaszadeh, A Mohammadpour
Journal of psychiatric and mental health nursing 20 (2), 124-133

Facing the challenges and building solutions in clinical psychiatric nursing in Iran: A qualitative study May 2012

K Zarea, A Nikbakht-Nasrabadi, A Abbaszadeh, A Mohammadpour
Issues in mental health nursing 33 (10), 697-706

Effect of home-based walking on performance and quality of life in patients with heart failure Nov 2013

S Fayazi, K Zarea, A Abbasi, F Ahmadi
Scandinavian journal of caring sciences 27 (2), 246-252

Comparison of the accuracy of monofilament testing at various points of feet in peripheral diabetic neuropathy screening Jan 2014

S Baraz, K Zarea, HB Shahbazian, SM Latifi
J Diabetes Metab Disord 13 (1), 19

Disaster nursing in Iran: Challenges and opportunities Jan 2014

K Zarea, S Beiranvand, P Sheini-Jaberi, A Nikbakht-Nasrabadi
Australasian Emergency Nursing Journal 17 (4), 190-196

Comparing the effect of two educational programs on the quality of life of hemodialysis patients in Iran Sep 2014

S Baraz, K Zarea, B Dashtbozorgi
Iranian Red Crescent Medical Journal 16 (8)

Multiple Victims: The Result of Caring Patients in Vegetative State Oct 2015

F Goudarzi, H Abedi, K Zarea, F Ahmadi
Iran Red Crescent Med J 17 (6), e23571.

Caring experiences and challenges of families with patients in vegetative state Jan 2015

F Goudarzi, H Abedi, K Zarea, F Ahmadi
Journal of Clinical Nursing and Midwifery 3 (4), 65-79

The Realities of Living With a Transplanted Kidney: A Qualitative Study Jan 2015

NV Zare, E Mohammadi, K Zarea, N Ehahi, Z Manzari
Jundishapur Journal of Chronic Disease Care 4 (3)

Resources of learning through hidden curriculum: Iranian nursing students' perspective Jan 2015

Z Karimi, T Ashktorab, E Mohammadi, H Abedi, K Zarea
Journal of Education and Health Promotion 4 (1), 57

The Association Between Self-Concept and Self-Efficacy in Patients Under Treatment by Hemodialysis Jan 2015

M Jafari, R Mannani, K Zarea
Jundishapur Journal of Chronic Disease Care 4 (3)

Study of mental health in status the operation room students who are educating in Ahvaz Jundishapur University of Medical Science in 2011 Jan 2013

K Zarea, H Bahrani
Jentashapur Journal of Health Research 4 (1), 23-31

Self-perception in Iranian adolescents with diabetes: a qualitative study Jan 2015

S Rostami, Z Parsa-yekta, T Najafi-Ghezeljeh, Z Vanaki, K Zarea
Journal of Diabetes & Metabolic Disorders 14 (1), 36

Comparison of quality of life of thalassemic children with their parents May 2009

SH Pordanjani, K Zare, M Pedram, Z Pakbaz
Jundishapur Scientific Medical Journal 8 (4), 456-462

EPIDEMIOLOGIC STUDY OF FATAL TRAFFIC ACCIDENTS IN KHUZESTAN PROVINCE IN 2010 Jul 2012
BALIR GHORBANI, AS HAKIM, K ZARE
JOURNAL OF RESCUE & RELIEF 4 (2), 28-35

The effect of applying organizational culture improvement model of patient education on anxiety and satisfaction of burned hospitalized patients: a clinical trial Nov 2014
L Hasimi, S Jahani, K Zarea, B Cheraghian
Journal of Clinical Nursing and Midwifery 3 (3), 16-28

The Effect of Using Peplau's Therapeutic Relationship Model on Anxiety of Coronary Artery Bypass Graft Surgery Candidates Aug 2014
S Maghsoodi, K Zarea, MH Haghhighizadeh, B Dashtbozorgi
Jundishapur Journal of Chronic Disease Care 3 (3)

The Relationship Between Awareness of and Respect for the Rights of the Patients With Mental Disorders From the Perspective of Nurses Jun 2014
R Jooj, F Hajibabae, K Zare, MH Haghhighizade
Jundishapur Journal of Chronic Disease Care 3 (3)

Re-hospitalization process of patients with severe and persistent mental disorder from the viewpoint of nurses in the Psychiatric Wards: a qualitative study Mar 2014
M Pazargadi, MF Moghadam, MF Khoshknab, K Zarea
Jundishapur Journal of Chronic Disease Care 2 (3), 64-71

Medication errors and their relationship with job and demographic characteristics among nurses in hospitals of Ahwaz University of Medical Sciences 2012 Dec 2012
MHH Akram Mohammadi, Kourosh Zarea, Mauod Rasouli
Jentashapur Journal of Health Research 5 (3), 141-151

Neglect of Postoperative Pain Management in Children: A Qualitative Study Based on the Experiences of Parents Jun 2016
F Valizadeh, F Ahmadi, K Zarea
Journal of pediatric nursing;31(4):439-48.

Anxiety Control in the Iranian Pediatrics with Chronic Leukemia: Through a Non-drug Method Jun 2016
Mojtaba Miladinia, Kourosh Zarea
International Journal of Pediatrics 4 (5), 1777-1786

Effects of Group Training on Depression and Anxiety among Patients with Type I Diabetes: a Randomized Clinical Trial Jun 2016
S Rostami, M Naseri, B Dashtbozorgi, K Zarea, K Riaahi Qhahfarrokhi
International Journal of Pediatrics 4 (5), 1777-1786

The impact of peplau's therapeutic communication model on anxiety and depression in patients candidate for coronary artery bypass May 2014
K Zarea, S Maghsoudi, B Dashtbozorgi, MH Haghhighizadeh, M Javadi
Clinical practice and epidemiology in mental health: CP & EMH 10, 159

The Lived Experience of Psoriasis Patients from Social Stigma and Rejection: A Qualitative Study Jul 2016
A Ghorbanibirgani, MF Khoshknab, K Zarea, H Abedi
Iranian Red Crescent Medical Journal

The Prevalence of Anxiety and its related Factors among School-age Children in South West of Iran Jun 2016
Z Banaeipour, S Rostami, K Zarea, B Cheraghian
International Journal of Pediatrics 4 (6), 2019-2025

Controlling Acute Post-operative Pain in Iranian Children with using of Music Therapy May 2016
M Miladinia, S Baraz, K Zarea
International Journal of Pediatrics 4 (5), 1725-1730

Pediatric Nurses' Medication Error: the Self-reporting of Frequency, Types and Causes Jun 2016
M Miladinia, K Zarea, S Baraz, E Mousavi Nouri, AH Pishgooe, ...
International Journal of Pediatrics 4 (3), 1439-1444

Studying Self-esteem among the Seniors Dwelling in Ahwaz Nursing Homes Jun 2016

H Abedi, K Zarea, M Rasekh

international journal of medical research & health sciences 5 (2), 23-28

Complementary and alternative medicine in the pediatrics with leukemia: A narrative review study, 2017, Miladinia, M., Lamoochi, Z., Lamoochi, P, Fard, M.S., Houshyari Khah, H.Z,

International Journal of Pediatrics

Perspectives and experiences related to help-seeking behaviors: A content analysis study of iranian patients with multiple sclerosis, Jan 2017

Rabiei, L., Abedi, H., Abedi, P., Zarea, K., Masoudi, R. Journal of Nursing Research, 25 (3), 251-259

Epidemiology and associated factors of migraine headache among Iranian medical students: A descriptive-analytical study, Jun 2017

Zarea, K., Rahmani, M., Hassani, F., Hakim, A., Clinical Epidemiology and Global Health

The prevalence of Cleft lip and cleft palate and related risk factors among Iranian children from 2000 to 2016: A literature review, Jun 2017

Jafari, A., Zarea, K., Mehregan, N. International Journal of Pediatrics, 5 (4), 4687-4697

A study of stigma among Iranian family caregivers of patients with multiple sclerosis: A descriptive explorative qualitative study, Jun 2017

Masoudi, R., Khayeri, F., Rabiei, L., Zarea, K. Applied Nursing Research, 34, 1-6

Effect of continuous care model on body image among breast cancer patients undergoing chemotherapy: A clinical trial, Jun 2017

Elahi, N., Imanian, M., Zarea, K., Ahmadzadeh, A., Jahromi, M. K, International Journal of Cancer Management, 10 (7):

Relationship between the general health of mothers and the anxiety of school-age children, Jun 2017

Rostami, S., Banaeipour, Z., Zarea, K. International Journal of Pediatrics, 5 (10), 5863-5870

Challenges Encountered by Nurses Working in Acute Psychiatric Wards: A Qualitative Study in Iran, Jun 2017

Zarea, K., Fereidooni-Moghadam, M., Baraz, S., Tahery, N. Issues in Mental Health Nursing

Impact of the self-care education program on quality of life in patients with type II diabetes, Jun 2017

Baraz, S., Zarea, K., Shahbazian, H.B. Diabetes and Metabolic Syndrome: Clinical Research and Reviews, 11, S1065-S1068

Commitment to care: the most important coping strategies among family caregivers of patients undergoing haemodialysis, Jun 2017

S Salehi-tali, F Ahmadi, K Zarea, M Fereidooni-Moghadam Scandinavian Journal of Caring Sciences, inpress

The prevalence of death anxiety among patients with breast cancer, Jun 2017

S Karampour, M Fereidooni-Moghadam, K Zarea, B Cheraghian, BMJ Supportive & Palliative Care, bmjspcare-2017-001325

Massage Therapy in Patients With Cancer Pain: A Review on Palliative Care, May 2017

M Miladinia, S Baraz, K Zarea, EM Nouri Jundishapur Journal of Chronic Disease Care 6 (1)

Licences & Certifications

BScN Jan 1994 – Jan 1998 (4 years 1 month)

MScN Jan 1998 – Jan 2000 (2 years 1 month)

PhD Jan 2008 – Jan 2012 (4 years 1 month)

Skills

Research manager Intermediate

Programing Intermediate

Clinical teaching Advanced

Lecturing Advanced

Clinical nursing Advanced

Quality of care Intermediate

Languages

Persian Fluent

English Conversational